

# To Memorise

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

## Notes for the Guardian

(The ages below are as per Islamic year)<sup>1</sup>:

(1) As per traditions of Masomeen<sup>asws</sup>, little children are treated to be rulers (without disciplining/forcing them to learn), so let them play until they reach the age of 7 years (Islamic calendar but 6 years and 8 months in Christian calendar).<sup>2</sup>

(2) Abdullah bin Fazala has narrated from Imam Jafar-e-Sadiq<sup>asws</sup> who reported on his father Imam Mohammed Baqir<sup>asws</sup> that when your child reaches the age of **three years** ask him/her to say 'لَا إِلَهَ إِلَّا اللَّهُ' seven times. Then wait until child reaches the age of **three years, seven months and twenty days**, then ask them to recite 'مُحَمَّدٌ رَسُولُ اللَّهِ' seven times and then wait until child reaches the **age of four**, then ask the child to recite seven times 'صَلَّى اللَّهُ عَلَى مُحَمَّدٍ وَآلِهِ'. After that wait until he/she reaches **age of five**, then ask him/her which one is their right hand and which one is their left hand, if the child has begun to recognise their right and left then ask him/her to perform **prostration towards Kabah**. Child should be left until child reaches **the age of seven**, then he/she should be asked to wash his/her hands and face and offer salat. The child should be left alone until he/she reaches nine years, then he/she should be taught how to perform ablution and at this stage child should be disciplined to learn ablution and salat and start offering salat. When child would learn ablution and salat, inshaAllah<sup>azwj</sup>, his parent will be forgiven.<sup>3</sup>

<sup>1</sup> Islamic year has 354 days as compared with 365 days in the Christian year.

<sup>2</sup> Jama-ul-Akhbar, ch. Oulad, 62, pp. 181, Manla Yahzar ul Faqih, tradition 4743 and 4746.

<sup>3</sup> Manla Yahzar ul Faqih, tradition 863.

## Level 1-Memorise

### (1)-Names of Allah<sup>azwj</sup> and the Blessed Five (People of the Cloak)

Allah<sup>azwj</sup> -The Ahad (The One who cannot be divided)

Prophet Mohammed<sup>saww</sup> - Allah<sup>azwj</sup>'s Last Prophet<sup>saww</sup>

Imam Ali<sup>asws</sup> - Allah<sup>azwj</sup>'s Wali and Prophet<sup>saww</sup>'s Wasi

Syeda Fatima<sup>asws</sup> - The daughter of Prophet Mohammed<sup>saww</sup>,  
the wife of Ali<sup>asws</sup> and Leader of All ladies

Imam Hassan<sup>asws</sup> - First son of Ali<sup>asws</sup> and Fatima<sup>asws</sup> and  
Chief of youth of the Paradise

Imam Hussain<sup>asws</sup> - Second son of Ali<sup>asws</sup> and Fatima<sup>asws</sup> and  
Chief of youth of the Paradise

### (2)- Nad-e-Ali<sup>asws</sup>

نَادِ عَلِيًّا مَظْهَرَ الْعَجَائِبِ تَجِدُهُ عَوْنًا لَكَ فِي التَّوَائِبِ كُلِّ هَمٍّ وَ غَمٍّ  
سَيُنَجِّلِي بِوَلَايَتِكَ يَا عَلِيُّ يَا عَلِيُّ يَا عَلِيُّ

### (3)- Before Reciting Quran

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ  
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

### (4)- Sura-Akhlās

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ  
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
قُلْ هُوَ اللَّهُ أَحَدٌ  
اللَّهُ الصَّمَدُ  
لَمْ يَلِدْ وَلَمْ يُولَدْ  
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

### (5)- Sura-Khosr

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ  
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
إِنَّا أَعْطَيْنَاكَ الْكَوْثَرَ  
فَصَلِّ لِرَبِّكَ وَأَنْحَرْ  
إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ

## (6)- Duwa-e-Ghareeq

(Supplication of the drowning man)

يَا اللَّهُ يَا رَحْمَانُ يَا رَحِيمُ يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

("YA ALLAHO YA REHMAN YA RAHEEM YA MUQALLEBAL QULOOB SABIT QALBI ALA DEENAIK")

## References for Teachers/Parents

(2)

و رَوَى عَبْدُ اللَّهِ بْنُ فَضَالَةَ عَنْ أَبِي عَبْدِ اللَّهِ وَ أَبِي جَعْفَرٍ ع قَالَ سَمِعْتُهُ يَقُولُ إِذَا بَلَغَ الْغُلَامُ ثَلَاثَ سِنِينَ يُقَالُ لَهُ قُلٌّ لَا إِلَهَ إِلَّا اللَّهُ سَبْعَ مَرَّاتٍ ثُمَّ يُتْرَكُ حَتَّى يَبْتَغِيَ لَهْ ثَلَاثَ سِنِينَ وَ سَبْعَةَ أَشْهُرٍ وَ عَشْرُونَ يَوْمًا فَيُقَالُ لَهُ قُلٌّ مُحَمَّدٌ رَسُولُ اللَّهِ سَبْعَ مَرَّاتٍ وَ يُتْرَكُ حَتَّى يَبْتَغِيَ لَهْ أَرْبَعِ سِنِينَ ثُمَّ يُقَالُ لَهُ قُلٌّ سَبْعَ مَرَّاتٍ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ وَ إِلَيْهِ ثُمَّ يُتْرَكُ حَتَّى يَبْتَغِيَ لَهْ خَمْسَ سِنِينَ ثُمَّ يُقَالُ لَهُ أَيُّهُمَا يَمِينُكَ وَ أَيُّهُمَا شِمَالُكَ فَإِذَا عَرَفَ ذَلِكَ حَوَّلَ وَجْهَهُ إِلَى الْقِبْلَةِ وَ يُقَالُ لَهُ اسْجُدْ ثُمَّ يُتْرَكُ حَتَّى يَبْتَغِيَ لَهْ سَبْعَ سِنِينَ فَإِذَا تَمَّ لَهْ سَبْعَ سِنِينَ قِيلَ لَهُ اغْسِلْ وَجْهَكَ وَ كَفَيْكَ فَإِذَا غَسَلْتَهُمَا قَبْلَ لَهْ صَلَّى ثُمَّ يُتْرَكُ حَتَّى يَبْتَغِيَ لَهْ تِسْعَ سِنِينَ فَإِذَا تَمَّتْ لَهْ عِلْمَ الْوُضُوءِ وَ ضَرْبَ عَلَيْهِ وَ أَمَرَ بِالصَّلَاةِ وَ ضَرْبَ عَلَيْهَا فَإِذَا تَعَلَّمَ الْوُضُوءَ وَ الصَّلَاةَ غَفَرَ اللَّهُ عَزَّ وَ جَلَّ لَهْ وَ لَوَالِدَيْهِ إِنْ شَاءَ اللَّهُ

(6)

و بهذا الإسناد عن محمد بن مسعود قال وجدت بخط جبرئيل بن أحمد حدثني العبيدي محمد بن عيسى عن يونس بن عبد الرحمن عن عبد الله بن سنان قال قال أبو عبد الله ع ستصيبكم شبهة فتبكون بلا علم يرى و لا إمام هدى و لا ينجو منها إلا من دعا بدعاء الغريق قلت كيف دعاء الغريق قال يقول يا الله يا رحمان يا رحيم يا مقلب القلوب ثبت قلبي على دينك قلت يا الله يا رحمان يا رحيم يا مقلب القلوب و الأبصار ثبت قلبي على دينك قال إن الله عز و جل مقلب القلوب و الأبصار و لكن قل كما أقول لك يا مقلب القلوب ثبت قلبي على دينك

It is narrated that Imam Jafar-e-Sadiq<sup>asws</sup> said: Soon people will be drowned and killed by the doubts, as they would neither be able access the (Divine) Knowledge nor would they be able to find the Deliverer<sup>asws</sup>. During that time, no one will find salvation (from misinterpretation of religion) expect those who would be regularly reciting the following supplication:

يَا اللَّهُ يَا رَحْمَانَ يَا رَحِيمُ يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ َ

("YA ALLAHO YA REHMAN YA RAHEEM YA MUQALLEBAL QULOOB SABIT QALBI ALA DEENAIK")

O Allah<sup>azwj</sup>, the most Beneficent, the most Merciful, the One who Changes hearts (of people), Give me steadyfastness in Your<sup>azwj</sup> 'Deen' (religion).<sup>4</sup>

After repeating '**Muqallebal Quloob**' the narrator added the word, '**Wal absaar**' (and the vision). Upon hearing this, Imam<sup>asws</sup> said, "Indeed Allah<sup>azwj</sup> is the 'One' Who Changes the hearts and vision, but you recite the Dua as I<sup>asws</sup> have instructed you."